

Profile Finder Chart

Rhys Method ® Profiles Qualities	1	2	3	4	5
Totals for each number (fill in)					
Life Purpose Profile Name	Creative Idealist	Emotional Intelligence Specialist	Team Player	Knowledgeable Achiever	Charismatic Leader
Frame of Reference Orientation	Open frame Relates to ideas & concepts Intellectual connection	Internal Emotional self awareness Connection through feelings	External Other person oriented Providing service	Internal Awareness of self strength Organizing others	External Powerful in relation to others Leading others/Causes
Life Purpose Profile Qualities	Genius <i>Creative Artist</i> <i>Spiritual Guide</i>	Heart centered <i>Sensitive</i> <i>Empathetic teacher</i>	Friend <i>Compassionate</i> <i>Caregiver</i>	Highly Organized <i>Competitive and driven</i> <i>Guides others</i>	Hero <i>Leader/Actor/Powerful</i> <i>Warrior</i>
General Life Purpose Actions	<i>Highly creative,</i> <i>Intuitive, thinking</i> <i>Outside the box</i>	<i>Unconditional lover</i> <i>Sweet and tender</i> <i>Emotionally expressive</i>	<i>Hard working, Caring</i> <i>of others, Congenial,</i> <i>Heart of any business</i>	<i>Sees the big picture, High</i> <i>Achiever through</i> <i>Knowledge, Loves mastery</i>	<i>Strong leader of worthy</i> <i>causes, Dynamic trend</i> <i>setter, Protective</i>
How to start opening to your power and Life Purpose	<i>Find a way to bring</i> <i>your creativity to your life</i> <i>Enjoy art, music and science</i> <i>Be playful and irreverent</i>	<i>See your love sensitivity and</i> <i>tenderness as your</i> <i>greatest gift. Live in your</i> <i>heart, be romantic and</i> <i>tender, Receive freely</i>	<i>Speak your hearts truth,</i> <i>Know that your friends and</i> <i>family are your greatest joy</i> Your love is helping others <i>achieve along their path.</i>	<i>Open your heart&feelings</i> <i>and love who you are not</i> <i>what you do, let go of rigid</i> <i>perfection and enjoy the</i> <i>pleasure & flow of mastery</i>	<i>Trust your self and your</i> <i>intuition, and go for it!</i> <i>Lead, protect and guide,</i> <i>by example not control</i> <i>Live in the highest integrity</i>
Defensive Profile Name	Thinker	Poor-Me	People Pleaser	Rule Keeper	Enforcer
Defensive Profile Issue	<i>Above it all, can't put</i> <i>thoughts into action,</i> <i>Avoids conflict, Fear</i>	<i>Overly sensitive,</i> <i>Complaining, Overwhelmed</i> <i>and drained by others</i>	<i>Puts others before self,</i> <i>Resentful, Feels stuck in life,</i> <i>internalizes anger</i>	<i>Picky, Critical of others</i> <i>Aloof, Driven by success</i> <i>Pushes self beyond limits</i>	<i>Not Trusting, Strong willed,</i> <i>Manipulative, Controlling,</i> <i>Aggressive, Seductive</i>